

# BREAKFAST

SERVED UNTIL 12:30 PM

TOAST WITH OLIVE OIL & TOMATO   3,00	DF
TOAST WITH BUTTER & LOCAL ORGANIC JAM   3,00	
CRUSHED AVOCADO TOAST WITH SPROUTS   5,90	PB DF
“CATALANA” TOMATO, OLIVE OIL AND IBERIAN HAM   5,90	DF
TOAST WITH MANCHEGO CHEESE   4,90	
CRUSHED AVOCADO TOAST WITH TOMATO, PB FETA & OREGANO   6,50	PB RF DF
MULTI GRAIN CROISSANT WITH BUTTER AND JAM   3,90	
MULTI GRAIN CROISSANT PLAIN   2,50	
MANUKA ´S CHIA PUDDING   5,50	PB RF GF DF

GOLDEN TURMERIC EGGS | 4,50 WITH BEICON | 6,00  
2 soft boiled organic eggs served in a glass with locally baked sourdough bread

SCRAMBLED EGGS | 9,50  
Perfectly soft omelet, wilted spinach, avocado, and roast cherry tomatoes served with a toasted sourdough bread

EGGS ROYALE | 7,90 DF  
2 poached organic eggs, crushed avocado & chili flakes on locally baked sourdough bread

PALEO BREAKFAST | 9,50 GF DF  
Crispy sweet potato hash brown, mashed avocado, 2 poached organic eggs topped with turmeric emulsion




HUEVOS RANCHEROS | 9,50 GF DF  
Scrambled organic eggs on corn tortillas with black beans, pico de gallo and avocado served with a spicy tomato salsa

MANUKA PANCAKES | 10,50 GF DF  
Healthy whole ingredient plant-based pancakes with crushed banana served with either:  
*Coconut yogurt & maple syrup*  
*Cherry & Chia Compote with coconut whipped cream*

BIG GREEK BREAKFAST | 9,50  
An organic fried egg served with slow roast tomatoes and a marinara sauce, grilled Halloumi cheese, wilted spinach and a slice of toasted sour dough bread

GRANOLA BOWL | 8,90 PB RF GF DF  
Sugar & gluten free whole food granola with fresh fruit: mango, kiwis, grapes and strawberries on bas of probiotic coconut yogurt

manuka

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